



Fruits of the Spirit

"But I have chosen you, and ordained you, that ye should go and bring forth fruit, and that your fruit should remain: that whatsoever ye shall ask of the Father in my name, he may give it you." ~St. John 15:16

*Goodness Joy Love Peace Longsuffering
Gentleness Faith Meekness Temperance*

Galatians 5:22-23

Are you maintaining your fruits? Galatians 5:22-23 lists the fruits of the Spirit-fruits that help us walk in the Spirit. John 15:16 states ".....that your fruit should remain: that whatsoever ye shall ask of the Father in my name, he may give it you." But what happens when you're not mindful of your fruits? Will God give you the desires of your heart? Could this be the reason why things aren't working in your favor? Jesus said you are known by your fruits, "every good tree bringeth forth good fruit; but a corrupt tree bringeth forth evil fruit" (Matt 7:16-17). Some of us are walking around with rotten fruits, unawares-walking after the lusts of our hearts. Paul tells us that the flesh is enmity with God, and our goal is to walk after the Spirit (Rom 8:1,7). Every day your plate should be filled with the daily bread (the word John 6:51) and delight in the fruits of the spirit.

The Fruit of the Spirit evaluation is designed to help the saints of God take a closer look in the mirror-ask yourself how well are you maintaining the fruits of the Spirit? Challenge yourself, take the test and see where you are in maintaining the fruits of the Spirit. See page 1 for a thorough explanation of the fruits of the Spirit. This will better assist you in assessing your fruits.





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Directions: Talk with someone whom you trust, someone that has known you for a while i.e spouse, sibling, parent, friend, etc. Ensure that both of you thoroughly understand the fruits of the Spirit. Use this evaluation to rate one another on each fruit. Commence the evaluation beginning at the morning and ending at sundown. At sundown, discuss the results with one another. Use specific examples from that day to validate your reasons for assessment. Use this evaluation to also encourage and provide construction criticism to assist each other in maintaining the fruits of the Spirit.

<i>Goodness</i> 1 2 3 4 5	<i>Temperance</i> 1 2 3 4 5	<i>Faith</i> 1 2 3 4 5
<i>Love</i> 1 2 3 4 5	<i>Longsuffering</i> 1 2 3 4 5	<i>Joy</i> 1 2 3 4 5
<i>Peace</i> 1 2 3 4 5	<i>Meekness</i> 1 2 3 4 5	<i>Gentleness</i> 1 2 3 4 5

9-18

UNRIPE

Hard surface on the outside.
Stony heart, unforgiving
Selfish, narcissistic in behavior, Sour
Antipathetic, oppositional
Ask God to renew the joy of salvation within you.

Psa 51:10

19-27

EARLY RIPE

Semi-Hard surface on the outside.
Guarded heart, cautious
Negative, Clashing
Suspicious of others, Untrusting, bitter
Ask God to restore, lead and direct your path.

Prov 3:5

28-36

PARTIALLY RIPPED

Half-ready, Developing heart, focus, substance, blending
warm heart, Regular, familiar, salty
Ask God for strength, courage and a ready mind to commit the Lord.

Isa 40:29

28-36

RIPPED

Mature, Ready, Developing heart, focus, substance, fresh spirited heart, unwavering, sweet, forgiving
Ask God for patience, humbleness and energy to endure to the end.

Pro 6:3