

# Release Me

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Why is my heart deeply troubled  
With feelings of sadness and grief?  
Though my life seems to be without  
Real turmoil and pressing needs

Yet I feel so grieved inside  
With feelings of giving up,  
A sense of real hopelessness  
Has crowded out God's love

Release me, Lord, I ask of thee,  
I don't want to stay this way  
Fill me again with your Holy Spirit  
And deliver me, I pray

May I again be filled with joy  
And know your loving grace  
May the spirit of heaviness over me  
Be replaced with the garment of praise

I shall arise and sing your praises  
And lift my hands to you  
And declare aloud your faithfulness  
In the wondrous works you do

Be gone you father of iniquities,  
You no longer have a hold,  
For greater is He that is in me,  
The redeemer of my soul

I will not give in to Satan's attacks,  
Nor allow him the chance to bind,  
For Christ has already set me free  
And released my troubled mind

My hope shall always be in God,  
In Him alone will I trust,  
His joy again will flood my soul  
And my heart will be filled with love.